This course is suitable for individuals looking to fulfill workplace first aid requirements, those responsible for children, or anyone interested in acquiring first aid skills for everyday situations.

## ELIGIBILITY/ENTRY REQUIREMENTS

To ensure you have the right skills and support to succeed in your course, a Language, Literacy, and Numeracy (LLN) evaluation helps identify any areas where you may require additional support to help you achieve your goals.

Due to physical requirements of this qualification the Learner must be physically fit.

## LICENCING/REGULATORY INFORMATION

Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.

Please refer to the Enrolment Application Form for the terms and conditions of enrolment, which includes: Enrolment and Selection, Training Guarantee, Course Fees, Payments and Refunds, Course Fees paid in Advance, Recognition of Prior Learning (RPL) or Credit Transfer.

### How to Enroll

- Website: www.maritimesafetytraining.com.au
- Email: info@maritimesafetytraining.com.au
- Call: (02) 4344\_1366.

^ Dates may vary depending on units undertaken. Maritime & Safety Training NSW reserves the right to reschedule or cancel courses due to insufficient enrolments

#### Please not<u>e:</u>

Payments are accepted exclusively via direct deposit. No Deposit Required 12 Month Payment Plans available





NSW Fishing Industry Training Committee Ltd, RTO ID: 90440 Phone: (02) 4344 1366 Email: info@maritimesafetytraining.com.au Level 1, Suite 2 97 Hannell St Wickham NSW 2293 ABN 64 002 693 281 - ACN 002 693 281

# HLTAID011

# **PROVIDE FIRST AID**

# COURSEDESCRIPTION

THIS UNIT IS DESIGNED IN LINE WITH FIRST AID GUIDELINES DETERMINED BY THE AUSTRALIAN RESUSCITATION COUNCIL (ARC) AND OTHER AUSTRALIAN NATIONAL PEAK CLINICAL BODIES; TO EQUIP PARTICIPANTS WITH THE ESSENTIAL SKILLS AND KNOWLEDGE REQUIRED TO PROVIDE FIRST AID RESPONSE, LIFE SUPPORT, AND MANAGEMENT OF CASUALTIES, THE INCIDENT, AND OTHER FIRST AIDERS UNTIL QUALIFIED MEDICAL HELP ARRIVES.



NSW FISHING INDUSTRY TRAINING COMMITTEE LTD

## **Course Contents**

Principles of First Aid: Introduction to the basic principles of first aid and its importance in emergency situations.

Assessment of the Situation: How to assess an emergency situation, ensuring safety for oneself, bystanders, and the injured person. Basic Life Support (DRSABCD): Covering the steps of Danger, Response, Send for help, Airway, Breathing, CPR, and Defibrillation.

CPR Techniques: Hands-on training on cardiopulmonary resuscitation (CPR) for adults, children, and infants. Wound Care: Management of various wounds, including cuts, abrasions, and burns. Fractures and Dislocations: Recognizing and providing first aid for fractures and dislocations. Bites and Stings: First aid procedures for common Australian animal bites and stings. Medical Conditions: Recognizing symptoms and providing first aid for conditions like asthma, anaphylaxis, seizures, and strokes. Use of First Aid Equipment: Familiarization with common first aid equipment, including first aid kits and automated external defibrillators (AEDs).

## **Course Fees**

## Non-Subsidised

• \$120.00

For details and to check your eligibility for NSW Government training subsidy under Smart and Skill: For details: https://smartandskilled.nsw.gov.au/areyou-eligible or call (02) 4344 1366 for details.

# UNITS OF COMPETENCY

## • HLTAID011 - PROVIDE FIRST AID

- HLTAID010- PROVIDE BASIC EMERGENCY LIFE SUPPORT
- HLTAID009- PROVIDE CARDIOPULMONARY RESUCITATION

THE ONLINE COMPONENT WILL BE PROVIDED BY A 3RD PARTY

# **DELIVERY DURATION**

A online theory component that is to be completed prior to face to face training. 1 day practical Training in class 8.30am - 4.30pm

# **MODE OF ASSESMENT**

Open and closed book written assessment and observation assessments.

# **COURSE RESOURSES**

All learner guides, handouts and access to technology with maritime training software installed.

# **COURSE LOCATION**

Commercial Fishermen's Co-operative Newcastle, Suite 2, 1/ 97 Hannell Street, <u>WICKHAM NSW 2293</u>

